

National Scoring Rules 2024

The general international scoring rules (Code of Points) of UEG apply						
	EG Mini-Team	EG Junior & EG Senior	Jugendklasse	Schülerklasse	Nachwuchs-/Offene Klasse	
Changes			National elements allowed			General
Composition of mixed-teams	Not 50:50	50:50 on every event	Any number of male/female gymnasts			
Number of performing gymnasts	4-7	6-10	4-8			Floor
Floor area	10 x 12 m	14 x 16 m	14 x 16 m	at least 10 x 12		
Number of formations	international		international	7	5	
Elements	international		international	2 balance elements (1 standing) 2 jumps 1 acrobatic element 1 group element 1 flexibility element		
Composition	international		international	1 Rhythmic Sequence 1 difficulty in moving sequence Planes as international		
Time limit	2:15 – 2:45		2:15 – 2:45	1:30 – 2:45	1:00 – 2:45	
Number of performing gymnasts	4	6	4	4	4	Tumbling
Number of elements	international		2 different	At least 1 element 1*)		
Front handspring/roundoff – back handspring	-	-	-	Mandatory 2*)	desirable, but not obligatory 3*)	
Doubles/ twists	international		Not mandatory			
Landing the last element in the landing zone	Always required					
Number of performing gymnasts	4	6	4	4	4	Trampet
Height of vaulting table	international		at least 1,30 m	at least 1,10 m		
Doubles/twists	international		not mandatory			

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General

In the national classes, up to 2 gymnasts may start who are older or younger than the age limit of that competition class. Each gymnast may only start in one team per competition. The age requirements can be found in the invitation.

For organizational communication between athletes and coaches (e.g. order on tumbling) there is no deduction in "Nachwuchsklasse". Technical instructions are not permitted here either.

If there are more than 8 teams registered in a competition class, individual classes can be subdivided. Either in male, female, mixed, or according to age or team size.

Floor

Different grip options/hand placements are allowed within the team without any deductions. In national classes, there is no required distribution of the elements considering the time.

Tumbling

In national classes may always be 2 additional gymnasts who will not be judged. Always the first 4 or 6 gymnasts are the ones to be judged.

Doubles and multiple twists are not permitted in the open class ("Offene Klasse"). Therefore, the maximal difficulty score rewarded per round is 2,5 points.

1*) Elements may be repeated, but will not receive difficulty. No deduction for repetition. (e.g.: cartwheel + cartwheel and single cartwheel are two different series with the same difficulty)

2*) One round with at least a front handspring to both legs and one round with at least roundoff – back handspring. Deductions for every missing front handspring and roundoff – back handspring (E1: -0,1 points of final score)

3*) One round with at least a front handspring to both legs and one round with at least roundoff – back handspring. The mandatory elements of "Schülerklasse" are rewarded by E1 with +0,1 points.

Trampet

In national classes may always be 2 additional gymnasts who will not be judged. Always the first 4 or 6 gymnasts are the ones to be judged.

In "Nachwuchsklasse" a springboard is allowed in front of the trampoline.

Doubles, Tsukahara, and multiple twists are not permitted in "Offene Klasse". Therefore, each round a maximum of 2,2 points in difficulty will be rewarded.

National Elements 2024

Floor

½ pirouettes forwards	DB101	0,1 points
½ pirouettes backwards	DB102	0,1 points
Straight jump	J101	0,1 points
Jump with ½ turn	J201	0,2 points
Straddle jump <135°	J204	0,2 points
Shear leap 90-120°	J215	0,2 points
“Pferdchen Sprung” ½ turn	J216	0,2 points
Single leg hold front (bended leg allowed) – 90°	SB104	0,1 points
Single leg hold side (bended leg allowed) – 90-120°	SB202	0,2 points
Candlestick >135°	B116	0,1 points
Candlestick 180°	B216	0,2 points

Trampet with vaulting table

Jump on – straight jump off (no pause)	0,1 points
Tucked jump	0,2 points
Straddle jump	0,2 points

Trampet without vaulting table

Straight jump	0,05 points
Straight jump with ½ turn	0,1 points
Tuck jump	0,05 points
Straddle jump <135°	0,05 points

Tumbling

Two cartwheels in a row	0,1 points
Roundoff – ½ turn – roundoff	0,1 points
Roundoff – back handspring – back handspring	0,3 points